



## **Rotherham Looked After Children's Council LAC Summit Report October 2015**

**Young People Making a Positive Contribution to  
Rotherham Looked After & Leaving Care Services**

Written by Lisa Du-Valle  
Looked After Children's Council  
Voice & Influence Team  
Integrated Youth Support Services  
With a concluding note from Michelle Whiting Interim Head of Looked After Children

## Thank You!

The Rotherham Looked After Children's Council would like to say a BIG THANK YOU to all of our 78 guests for coming along, working together and joining in the fun at the LAC Summit!

### Special Thanks goes to:-

Ian Thomas (Interim Strategic Director) for opening up the Summit and being the first person to sign our LAC Promise 😊

Michelle Whiting (Interim Head for Looked After Children) for believing in us enough to ask us to put on the LAC Summit and giving us the freedom to go for it!

Commissioning, Performance & Quality Team for support in developing the LAC Promise, behind the scenes and front of house support and enthusiasm

Matt Ellis (Herringthorpe Valley Youth Centre Manager) for being our music and sounds DJ on the night

Sarah Bellamy (V&I Youth Worker) for being our photographer on the night

Kelly Stevenson (V&I LAC Council Support Worker) for your enthusiastic and energetic support behind the scenes with young people, doing mountains of admin stuff and helping Lisa

Lisa Du-Valle (V&I Youth Worker, LAC Council) '*for helping us to sort stuff out and being there for us all every week*'

### From 😊

Jocelyn      Abbie      TJ      Nicky  
Terry Lee      Charlotte      Zoe      Simon  
Mark      Kelsie      Caitlin      Paislie  
Courtney      Tylor      Aleanor

The LAC Summit was held on Wednesday evening, 9<sup>th</sup> September 2015 at the New York Stadium, Rotherham. 78 guests arrived to participate in the Summit at the request of the LAC Council. The guests were a diverse group from across RMBC Services and 7 Rotherham Councillors (see appendix A)

This report is written to raise awareness of the LAC Summit and ongoing work to improve services for Looked After and Leaving care young people in Rotherham and the Rotherham Looked After Children's Council involvement in the design, development and delivery of the LAC Promise and LAC Summit.

## **Introduction & Background to the LAC Summit**

The Rotherham Looked After Children's Council (LACC) is a Voice & Influence youth group for Looked After Children aged 11 to 18 (25 where there is a disability) We hold regular meetings to raise awareness and have our say about things that affect us and work together to influence positive decisions, and shape services to improve the lives of everyone living in Social Care in Rotherham. The LACC currently has 15 active members and meets for Voice & Influence training and development sessions weekly at the MyPlace building Rotherham. In addition, the LACC hold regular meetings on weekends and evenings to prepare presentations and complete high profile project work.

The LAC Council has adopted the following statement from Article 12, of the United Nations Convention on the Rights of the Child:

*'Children and young people have the right to say what they think should happen when adults are making decisions that affect them, and to have their opinions taken into account'*

## **The Corporate LAC Promise**

One of the LACC core aims is to help design, develop and shape services for Rotherham Looked After Children and Care Leavers and earlier this year the LAC Council were invited to work alongside RMBC staff from the Commissioning, Performance & Quality team to support the development of the Corporate LAC Promise. The LAC Council embraced this opportunity and worked for 3 months putting forward ideas for inclusion and tweaks to wording within the promise going back and forth until all parties were satisfied and agreed with the final results. The LAC Promise is a set of 9 points that young people feel are important to them and wanted social workers and all corporate parents to use as an operational benchmark when working with Looked After and Leaving Care young people. (see appendix B)

With the completion of the LAC Promise the Rotherham LAC Council was invited by Michelle Whiting (Interim Head of Looked After Children) to deliver their own LAC Summit where they could launch the Corporate LAC Promise to Social Care Staff, Managers, Directors and RMBC Councillors.

## **The Voice & Influence Youth Work Process**

Taking this request back to the young people of the LAC Council in July the Voice & Influence youth work process began in earnest to empower young people to make

their own decisions about what they wanted to happen. After discussing the options and parameters of a potential LAC Summit the group wholeheartedly embraced the opportunity to share their work around improving services for Looked After and Leaving Care young people with social workers and social care staff they knew and revelled in the opportunity to deliver their own LAC Summit in their own style.

Concerns over the timing of the LAC Summit were raised with Michelle as traditionally LACC members numbers are low during the summer holidays due to young people going away on holidays and staying at Foster Carers caravans for extended periods of time. Questions needed to be asked whether a quality LAC Summit could be delivered given these challenges. With this consideration and after discussions around young people's availability and venue choice the date for the Summit was set for Wednesday 9<sup>th</sup> September, early evening at the New York Stadium venue.

The whole process of writing and delivering the LAC Summit for a group of 15 Looked After young people involved a lot of team work, decision making, negotiating and planning that is part of the voice and influence youth work process. This group are all volunteers who support each other and give up their time weekly for free. A vast amount of research now recognises that in challenging our young people to deliver such projects and appropriately supporting their personal, social and educational development along the way we are empowering them to have greater aspirations, cultivate social capital, increase self-esteem and confidence. In addition for vulnerable young people such as Looked After and Leaving Care young people opportunities may well contribute to increasing their resilience and protect them from future harm. For every LACC young person who has been involved in the development of the LAC Promise and delivery of the LAC Summit they have been involved in a personal journey, alongside a shared experience with peers that has been at times brave, frustrating, ambitious and hilarious.

In order for young people to organise their own event they needed to be clear about what they were trying to achieve with the Summit from a LAC Council members perspective. This involved young people making numerous decisions from their aims for the LAC Summit to who they wanted to invite for their audience. The group worked really hard to put their Summit programme together working through their residential at Filey and through their summer holidays to complete it. After much debate young people agreed their aims for the Summit:-

### **Aims of the LAC Summit:-**

- Launch our Corporate LAC Promise - Raise awareness of the items within it
- Deliver an exercise to challenge the audience to consider ways in which they could keep this promise to LAC over the coming year
- Raise awareness of the Looked After Children's Council and their work
- Recruit new members for the LAC Council through participants attending the LAC Summit

The young people decided to deliver their aims in two parts using two distinct methods of delivery in order to get and retain their audience interest. The first section was to raise awareness and recruit new LAC Council members which involved a colourful group delivered powerpoint presentation, introducing themselves and their work to the audience. The second section shifted gears to that of a mock Quiz show whereby a LACC member Nicky played game show host and the rest of the group supported him in achieving their aims to launch the Corporate LAC Promise and actively engage the audience in providing ideas around how the services could achieve all 9 points within the LAC Promise.

To have a greater understanding of the processes and level of work involved with achieving the aims of the LAC Council for the LAC Summit, some detail of active engagement in planning and delivery of their aims are detailed below;

### **AIM: Raise awareness of the Looked After Children's Council and their work**

Young people had requested Ian Thomas to open up the LAC Summit and introduce the LAC Council which he kindly accepted and delivered with his friendly professionalism. Young people chose to raise awareness of the LACC to their audience by delivering a colourful group powerpoint presentation. Members worked together to write presentation cards to introduce the LAC Council and its aims, and outline different aspects of the LACC including social, educational and personal opportunities for development. To show their consultation work to shape Rotherham Looked After Children Services and work within wider communities, work with National Children in Care Councils and other Youth Voice Groups including Rotherham Youth Cabinet and UK Youth Parliament. Once the group was satisfied that all corners of their work was represented on their script cards they took time to identify appropriate members to read them based on their literacy skills and confidence levels. After further alterations to individual scripts to fit individual speech patterns young people went on to decide which photo's they wanted to place on powerpoint presentation and in what order this should be. Young people rehearsed their parts numerous times during the sessions and took them home to practice after sessions to prepare and build their confidence. Thoughts around presentation extended to young people creating display boards and choosing to wear their LAC Council T Shirts, displaying the LACC logo recently re-designed by young people and to introduce themselves to the audience from chairs on the stage to communicate togetherness and friendliness.

### **AIM: Recruit new members for the LAC Council through participants attending the LAC Summit**

Young people were aware that some LACC members would be leaving the group in September as they were moving on to Universities. This would leave 4 places open to fill for potential new members. To capitalise on this opportunity at the Summit the young people created a LACC welcome pack to be distributed to all attendees on the night which included their up-dated LAC Council information booklet, LACC Referral Form, LACC pen and business card. It was hoped the whole evening presentation and recruitment packs would not only raise awareness of the benefits of being a LAC



Council member but also would encourage members of the audience to encourage young people they worked with to also consider coming along to a meeting to join in the fun. Unfortunately, despite the LAC Councils best efforts, to date only one young person has been put forward by an audience member to join the LACC.

### **AIM: Launch our Corporate LAC Promise - Raise awareness of the items within it**

After relatively very little debate the group decided that to introduce their LAC Promise they wanted to deliver it to their audience in a comic style 'Quiz show' where the host would ask the audience to work in teams to answer basic questions about the LAC Promise and accompanied by the LAC Council who would support individual tables and Matt Ellis who supplied the background music and noises, young people would dish out really poor prizes to the winners. Young people had great fun choosing the right music and sounds to accompany their 'show', and creatively devised 2 prizes which were an Ipad (a medical eye pad) and an Apple Note Pad (Apple on a note pad) to give out.

Young people were very clear they wanted workers to keep to these LAC promises and wanted them to sign up and agree to them for everyone to see. Based around their idea of a fun Willy Wonker style contract created a giant LAC Promise, a colourful A1 size sheet ready for their audience to sign at the Summit.

During rehearsals the original host of the Summit had to pull out due to pressures of preparing for University so on our final rehearsal Nicky put himself forward, made the part his own, and did a fabulous job as host ad-libbing on the night and including creative banter mimicking Paddy McGuinness was great fun, leading to his request for the audience to sign up to the LAC Promise warning them '***no likey – no signey!***' On the evening the young people delivered this section of the LAC Summit wonderfully well enjoying every minute along with the audience.

### **AIM: Deliver an exercise to challenge the audience to consider ways in which they could keep this promise to LAC over the coming year.**

This aim quickly snowballed from its basic roots of challenging the audience to come up with ideas about the LAC Promise to becoming far more complex to capture information that could be measured. Thinking up a way to get the audience to engage in an exercise run by young people that would make them engage with the LAC Promise thereby learning it, and identify creative ways in their own practice in which they could keep their promise and make it happen so that this information could be collected/recorded in a format that could be translated into measures to check on success in the following year was no easy task. This had to be broken down into bite size chunks for young people to engage with and slowly based on past experiences of exercises they had engaged with at the LAC Council young people developed their ideas.

Young people decided to challenge each of the 9 tables at the Summit to work together to engage in exploring the possibilities of points within the LAC Promise, saying how each point could be achieved within their work, and feeding back and

sharing their ideas recorded on flip chart paper to the rest of the audience. (see appendix C) Young people from the LACC chose to be present at each table to assist with the process and the host would support the process by working the tables and speaking with them on the microphone. When all avenues of the LAC Promise had been explored Nicky the host invited Ian Thomas followed by members of the audience to sign up to the LAC Promise. The young people thoroughly enjoyed the whole LAC Summit evening and the sense of achievement and empowerment was evident in their excitement and confidence supporting audience members to sign up to the LAC Promise.

## **What Next?**

Following on from the LAC Summit, the information gathered from the LAC Council exercise was worked on within the Commissioning, Performance & Quality Team who included a section around how these will be measured/inspected/audited to check whether we are delivering these promises. Although this is still in draft stages we have included in within our appendices (see appendix D) to show how this work is continuing to move forwards.

Also, the LAC Council have requested that the giant LAC Promise that has been signed by everyone present at the LAC Summit should be displayed in Riverside House to continue to raise awareness of it and also keep the Promise in people's minds. Steps are being taken to enquire about a mobile poster frame to display the work.

In addition, Collette Bailey IYSS Head of Service Early Help and Families, (Lead Youth Offer) has requested that the LAC Council could deliver the LAC Summit presentation and LAC Promise exercise to the senior Managers in the IYSS over the next few months. This would ensure the LAC Promise went to a wider audience and everyone across the council who works with Looked After and Leaving Care young people could sign up to the LAC Promise.

## **Feedback from LACC Young People**

The LAC Council have had some tremendous experiences and achievements during the last year and have been involved in a whole range of youth voice activities and opportunities to have their say and make a positive impact on the things that matter to them. Development of the LAC Promise and engagement in the LAC Summit will stand out as making a difference to services for Looked After and Leaving Care young people of Rotherham. All 15 LACC members actively contributed to the LAC Summit either through writing scripts, creating ideas and supporting rehearsals over the summer holidays, it was only possible for 10 of our young people to actually perform on the night.

All of the LAC Council have provided positive feedback saying although it was hard work leading up to the Summit, they really enjoyed delivering it, and felt 'proud' to be part of it. Despite initial nervousness about performing in front of the large audience they settled into their roles and delighted in the audiences response to their delivery and were warmed by the support they received during the LAC

Promise exercise where LACC members individually joined their guests seated at tables making the whole evening a positive and empowering experience.

Alongside, young people wanting to say a big thank you to all those who supported them in making the LAC Summit happen which we felt was important to place at the beginning of the report. They also had a few more comments to express what they thought of taking part in the LAC Summit and we would like to leave this report as we began it with the voices of our fabulous young people:-

*'Can we do it again!?'*

*'I want to say that it was a great example of how the looked after children's council can have a clear and open dialogue with corporate parents and councillors! Those who impact on the care that we receive'*

*'I must admit I did enjoy it and I got a lot of feedback from my table to see what they were gunna change to help looked after young people and them in leaving care'*

*'I thought it went well!!'*

*'It was alright... I liked the table things and when Nicky did the games'*

*'It was a good summit, I just hope that everyone keeps to the promise'*

*'I liked it... It was good to communicate with social workers, I got a lot out of it... it was good for my confidence for speaking to the social workers about the promise 😊'*

*'Oh I really enjoyed it and thought that it was a great turn out and I thought it was excellent because my table I had my social worker in and I think we got to know each other more'*

*'It was great I felt like I took a lead role in it and it helped me with being able to socialise better with people and yes I would defiantly do it again'*

**For further information about the Rotherham  
Looked After Children's Council membership please contact:-**

**Lisa Du-Valle on 01709 822130 or mob 07748143388**



LACC Rotherham



@LACCRotherham



## **End note from Michelle Whiting Interim Head of Looked After Children**

When the LAC Council went for refreshments everyone discussed what they would do to keep the LAC promise.

Every person in the room wrote on a card addressed to themselves what they had promised to do

We all agreed that it was a very valuable opportunity for staff and people who mattered, to hear what our children experienced so we decided that :-

1. We would hold a Lac Summit every year
2. That we would ask the young inspectors to test out whether we are meeting those promises.
3. The young inspectors report will be fed back to next years summit.

Oh and the individual cards will be posted to each of the participants in the New Year to remind them what they promised to do!

### Guests Attended the LAC Summit:

Rotherham Councillors

Adoption – Adoption team looking after parents and carers becoming adoptive parents and children being adopted

CiN – Children in Need (teams)

DfE – Department for Education (Government department)

Evolve – Child Sexual Exploitation Team

IYSS – Integrated Youth Support Service, Early Help

LAACCTT - Looked After and Adopted Children's Therapeutic Team

LSCB – Local Safeguarding Children's Board

Performance & Quality Team – Children & Young People team that monitors performance and quality of services

RCCG - NHS Rotherham Clinical Commissioning Group

Senior Management Team – Children & Young People Service Strategic Director & Directors of each service

Virtual School



## Looked After Children and Leaving Care Promise – 2015



**LOOKED AFTER  
CHILDREN'S COUNCIL**

**As your Corporate Parent we promise:-**

### Feedback from LAC Summit - Wednesday 9<sup>th</sup> September LAC Council exercise on LAC Promises

#### PROMISE 1

##### **We will help you to live in a safe place where you are protected from harm**

- Ensuring recruitment of carers is robust. Appropriate Foster Carers, meeting legal criteria. Foster Carers to receive good training
- Listening to young people's views, but educating about risks
- Social workers to visit young person at home, regularly
- Ensuring dynamics in residential homes are considered
- Good rapport/relationships with carers, residential workers and social workers
- Challenging professionals – for the benefit of young people
- Advocates for young people – 'would you place your child there?'
- Explaining to young people what safe choices are
- Managing risk – age/understanding
- Expectations and boundaries
- Listening to young people – do they feel safe and understanding
- Good quality carers/providers – choice
- Key person/relationship – who do the young person want
- Saying 'No' at times and being a parent – we don't always get it right
- Multi-agency working – Ownership – It is not someone else's issue
- Quick and responsive services
- Services to meet young people need rather than making young people fit services
- It is OK for young people to make a mistake
- Less placement changes

#### PROMISE 2

##### **We will listen to what you have to say and make sure it makes a difference**

- Ensure that there is access to trusted adult(s) who can listen
- We will tell you what changes as a result of what you tell us (quickly)
- We will help you to put on events so that people can listen
- We need to make sure that the right people listen to you, depending on what you want to say
- We will check that we have a really great and effective advocacy service – Might mentors help too (Check Barnsley & Sheffield systems)
- We will ask you if we are keeping our promises – (Young Inspectors might help with this)
- Look at community mentors – "wider family" – across all sectors – people who can support, who young people can go to
- Make time to listen to the young person, allow person to feel comfortable to allow this alone; with carer; appropriate place  
written; different comms; text; email
- We will act on your wishes when possible or will explain why we can't provide what

<p>you want and discuss what is best</p> <ul style="list-style-type: none"> <li>• Reflect your wishes into everyday plan and services</li> <li>• Chance to check, review, audit – are wishes implemented</li> </ul>
<p><b>PROMISE 3</b></p> <p><b>We will help you to learn and do your best at school and college</b></p> <ul style="list-style-type: none"> <li>• Encourage and support</li> <li>• Nag – persistently</li> <li>• Have someone to talk to about choices</li> <li>• Financial support</li> <li>• Equipment – computers/laptops/books</li> <li>• Look at how we can help with homework</li> <li>• Taking an interest – know what person likes and what their talents are</li> <li>• Support hobby and interests including getting qualifications or awards in it</li> <li>• Celebrate achievements</li> <li>• University taster days</li> <li>• Do visits and help with research on careers</li> </ul>
<p><b>PROMISE 4</b></p> <p><b>We will help you to be happy and healthy</b></p> <ul style="list-style-type: none"> <li>• Registered with appropriate health, dental providers</li> <li>• Enable children to feel loved, have warmth, be nurtured</li> <li>• Give continuity of relationships and care – Good and positive through childhood and beyond</li> <li>• We are going to be motivated to promote what makes the child happy and healthy, through working together creatively</li> <li>• Give young people what they need and not what we have got</li> <li>• Helping to maintain and grow good family relationships and friends</li> <li>• Promote self-esteem and good role modelling</li> <li>• Fun</li> </ul>
<p><b>PROMISE 5</b></p> <p><b>We will help you to learn new skills as you grow up and become an adult</b></p> <ul style="list-style-type: none"> <li>• Work opportunity placements</li> <li>• Work experience – apprenticeships – jobs</li> <li>• Engage partners – NHS &amp; Others</li> <li>• Early years opportunities</li> <li>• Pay for hobbies – gym memberships, driving lessons etc.</li> <li>• Constructive holiday activities – include Foster Carers &amp; family</li> <li>• Literacy and numeracy skills – close the gap</li> <li>• Be imaginative</li> <li>• Managing conflict – skills needed</li> <li>• Help you learn independent living skills</li> </ul> <ul style="list-style-type: none"> <li>• Help to learn new skills as you grow up and become an adult</li> <li>• Access to social activities and recreation</li> <li>• For implementation of independence work to be undertaken before 16</li> <li>• Giving young people options, and responding to their wishes</li> <li>• To remember that 'adult' does not mean 18</li> </ul>

- Staying Put arrangement
- Considering risks but not being 'risk averse'
- To be encouraged and supported to follow dreams
- Multi-agency work to access further opportunities

## **PROMISE 6**

### **We will fully involve you in plans and decisions about you and your future**

- Be flexible and be willing to let people have a try
- Be creative about how you engage and work with children and young people
- Let child/young person chair their own review
- Think about how use technology e.g. an 'app' for consultation forms rather than on a piece of paper
- Mix it up a bit – don't ask same questions all the time
- Use activities or going out rather than just sit in a room and talk
- Be willing to compromise where there is a disagreement – consider alternatives
- Put young people in touch with 'Youth Start' or other organisations – Advocacy type services
- Placement choice
- Young person at the centre
- PEP – pupil voice section always done and acted upon
- Consultation at every opportunity, creative methods
- We are going to ask what young people may want to choose
- Enable young people to have different chances and experience – go for it or leave it behind if they want to take risks
- Manage expectations – help young people to make good decisions and choice
- Understand role of parent boundaries and safety

## **PROMISE 7**

### **We will help you take part in activities that you enjoy or that you are interested in**

- Help explore interests with young person ask; tasters; support current interests, hobbies
- Social links, skills, share interests
- Social opportunities, friendships
- Supporting links with friends, activities
- Activities co-ordinators
- LAC activities (funding)

## **PROMISE 8**

### **We will help you to explore and be ready for the world of work**

- Try new things, placements, work experience?
- Council pro-activity – Visits to work place
- Encourage, employability group
- Confidence, peer mentoring, IYSS, LACC, Schooling
- Parent and carers evenings compulsory – give priority, make sure they come in
- High expectations
- Trial interviews
- Financially, clothing, transport, internet access, equipment, printers, computers
- Sheffield or other university open days – support to go with



- Identification of strengths and weaknesses
- Extra time in exams for LAC
- Employers experience (stigma) – be open
- PEPS, PA, Peer Mentors
- Range of skills that contribute – soft skills – self confidence
- Mentoring by corporate family member or other young person
- Showing interest in – what young person wants to do – Being a good parent with school
- Recognising talent
- Opportunities able to explore
- Celebrate achievements
- Financial support
- Increase links with business and other corporate parents
- Build on what we have it is not enough – 30 day placements
- Practical help to take to interviews etc.
- Raising aspirations – what is out there e.g. Higher education visits
- Joined up plans – PEP's – Child and young person focussed
- Encourage and support volunteering and additional experiences

## **PROMISE 9**

### **We will help you to be proud of yourself and celebrate your individual beliefs**

- Help people feel normal – or recognise that no one is 'normal'
- Positive feedback i.e. rewards
- Encouragement! - Helped to believe in yourself
- Has to be part of training role of everyone around children and young people
  - 'gaps' filled by other people i.e. mentors?
- Opportunities to succeed – hobbies
- Celebrate the small and big things
- Annual events
- Keep a record of achievements
- At reviews record and acknowledge success achieved
- Not judge
- Develop sense of belonging
- Help give back to community
- If you do have a faith/spiritual belief – we will help you express this

## Appendix E



# Looked After Children & Leaving Care Promise 2015



### Promise 1

**We will help you to live in a safe place where you are protected from harm**

#### We will do this by

- Listening to your views on where you want to live and if we cannot offer you a choice we will explain why.
- Listening to you about keeping in touch with your friends and family.
- Working with you to make sure you feel safe.
- Making sure you know what to do if you don't feel safe.
- Providing you with contact details for someone you can rely on if you don't feel safe.
- Giving you advice and support to help you stay safe.

#### We will measure/inspect/audit we are delivering these promises

- Tell us what you think forms at reviews & closure of cases
- Voice & Influence annual consultation for LAC
- IRO Consultation for LAC review
- No. of young people under 18 attending CSE Education Sessions (LAC?)
- Audits carried out in line with Quality Assurance Framework
- % long term looked after children in stable placements for at least 2 years

### Promise 2

**We will listen to what you have to say and make sure it makes a difference**

#### We will do this by

- Helping you to have your say and listening to your views.
- Including you and asking your opinion making sure that you are part of the decisions made about

#### We will measure/inspect/audit we are delivering these promises

- Tell us what you think forms at reviews & closure of cases
- Voice & Influence annual consultation for LAC
- IRO Consultation for LAC Review
- Performance Indicators % children attending a review

<p>you and your future.</p> <ul style="list-style-type: none"> <li>▪ Valuing your views and opinions</li> <li>▪ Making sure you have different and modern ways to tell us your views and opinions</li> <li>▪ Encouraging you to talk to us about anything important to you at a time convenient to you</li> <li>▪ Making sure you know how to raise your concerns or make a complaint, comment or compliment</li> <li>▪ Offering you independent advocacy support (someone to help you speak out) if you need or want it</li> <li>▪ Asking you if we are keeping our promises, listening and acting upon your views</li> <li>▪ Promoting groups and activities for young people to regularly be involved in.</li> <li>▪ Offering you advice and advocacy support to access relevant financial support and bursary's for employment, education and training</li> </ul>	<ul style="list-style-type: none"> <li>▪ Performance Indicators % children reporting to a review</li> <li>▪ Initial &amp; Core Assessment</li> <li>▪ Complaints/Comments/Compliments</li> <li>▪ Mystery Shopping – Young Inspector Programme</li> <li>▪ IYSS Indicators?</li> <li>▪ Foster Carer Feedback Forms <ul style="list-style-type: none"> <li>➢ Foster Carers</li> <li>➢ Children &amp; Young People whose parents are Foster Carers</li> <li>➢ LAC children who are fostered</li> </ul> </li> </ul>
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### **Promise 3**

#### **We will help you to learn and do your best at school and college**

<b>We will do this by</b>	<b>We will measure/inspect/audit we are delivering these promises</b>
<ul style="list-style-type: none"> <li>▪ Making sure you have a place at the best school or college for you.</li> <li>▪ Making sure you do not have to move schools wherever possible</li> <li>▪ Introducing you to your Designated Teacher at school, college or university so you know where to go for help.</li> <li>▪ Involving you in the development of your Personal Education Plan</li> <li>▪ Working with school to make sure you get extra help from relevant services if you need it.</li> <li>▪ Working with you, your carers and professionals to make sure you get the most from school, college, university and training.</li> <li>▪ Making sure you have the materials, clothing and equipment needed</li> </ul>	<ul style="list-style-type: none"> <li>▪ Tell us what you think forms at reviews &amp; closure of cases</li> <li>▪ Voice &amp; Influence annual consultation for LAC</li> <li>▪ IRO Consultation for LAC review</li> <li>▪ Performance on Care Leavers in employment , education or training</li> <li>▪ Performance on Care Leavers with an up to date Pathway Plan</li> <li>▪ Performance on LAC with up to date PEP</li> <li>▪ Performance on LAC with up to date Plan</li> <li>▪ Virtual School Annual Report</li> <li>▪ Case Studies from LAC/Leaving Care</li> <li>▪ Children Commissioners annual LAC Survey</li> <li>▪ Recognise LAC educational achievements</li> </ul>

**Promise 4****We will help you to be happy & healthy**

<b>We will do this by</b>	<b>We will measure/inspect/audit we are delivering these promises</b>
<ul style="list-style-type: none"> <li>▪ Recognising that we all need different things to make us feel happy, healthy and cared about.</li> <li>▪ Making sure you know how to keep healthy and make healthy choices.</li> <li>▪ Training carers and professionals to help you to be happy and healthy.</li> <li>▪ Encouraging you to have regular health, dental and optician checks.</li> <li>▪ Supporting you with any appointments you have.</li> <li>▪ Making sure you know who to speak to in confidence for advice.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Tell us what you think forms at reviews &amp; closure of cases</li> <li>▪ Voice &amp; Influence annual consultation for LAC</li> <li>▪ IRO Consultation for LAC review</li> <li>▪ LAC Health Indicators</li> <li>▪ IYSS Indicators</li> <li>▪ CAMHS Indicators</li> <li>▪ Audits carried out in line with Quality Assurance Framework</li> <li>▪ Performance on LAC with up to date health assessments</li> <li>▪ Performance on LAC with up to date dental assessments</li> </ul>

**Promise 5****We will help you to learn new skills as you grown up and become an adult**

<b>We will do this by</b>	<b>We will measure/inspect/audit we are delivering these promises</b>
<ul style="list-style-type: none"> <li>▪ Talking to you about your future and help you plan.</li> <li>▪ Fully involving you in your Pathway Plan and getting the help you need to make good choices for the future.</li> <li>▪ Identifying the support you need and who will provide it.</li> <li>▪ Helping you to be prepared and have skills like budgeting, cleaning and cooking for when you live on your own.</li> <li>▪ Helping you to find somewhere safe and suitable to live.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Tell us what you think forms at reviews &amp; closure of cases</li> <li>▪ Voice &amp; Influence annual consultation for LAC</li> <li>▪ IRO Consultation for LAC review</li> <li>▪ Children Commissioners annual LAC Survey</li> <li>▪ IYSS Indicators</li> <li>▪ Performance on Care Leavers with an up to date Pathway Plan</li> <li>▪ Performance on LAC with up to date PEP</li> <li>▪ Performance on LAC with up to date Plan</li> <li>▪ Performance on Care Leavers living in suitable accommodation</li> <li>▪ Case Studies from LAC/Leaving Care</li> <li>▪ Complaints/Comments/Compliments</li> <li>▪ Mystery Shopping – Young Inspector Programme</li> </ul>

**Promise 6****We will fully involve you in plans and decisions about you and your future**

<b>We will do this by</b>	<b>We will measure/inspect/audit we are delivering these promises</b>
<ul style="list-style-type: none"> <li>▪ Explaining things to you in a way that you understand.</li> <li>▪ Making sure carers and professionals spend time with you and get to know you properly.</li> <li>▪ Involving you in your Care Plan</li> </ul>	<ul style="list-style-type: none"> <li>▪ Tell us what you think forms at reviews &amp; closure of cases</li> <li>▪ Voice &amp; Influence annual consultation for LAC</li> <li>▪ IRO Consultation for LAC review</li> <li>▪ Children Commissioners annual LAC Survey</li> <li>▪ IYSS Indicators</li> </ul>

<p>and making sure that your wishes and feelings are always considered.</p> <ul style="list-style-type: none"> <li>▪ Making sure your review meeting is worthwhile and useful for you</li> <li>▪ Offering to meet you at a place or your choice</li> <li>▪ Supporting you to attend meetings and to share your wishes and feelings.</li> <li>▪ Offering you advice to access services to support how you feel emotionally</li> <li>▪ Supporting you to access finances for you to attend Higher Education</li> </ul>	<ul style="list-style-type: none"> <li>▪ Performance on Care Leavers with an up to date Pathway Plan</li> <li>▪ Performance on LAC with up to date Plan</li> <li>▪ Case Studies from LAC/Leaving Care</li> <li>▪ Complaints/Comments/Compliments</li> <li>▪ Mystery Shopping – Young Inspector Programme</li> <li>▪ Audits carried out in line with Quality Assurance Framework</li> </ul>
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## **Promise 7**

### **We will help you take part in activities that you enjoy or that you are interested in**

<b>We will do this by</b>	<b>We will measure/inspect/audit we are delivering these promises</b>
<ul style="list-style-type: none"> <li>▪ Encouraging you to seek out activities available to you that you find fun or you are interested in.</li> <li>▪ Making sure you are encouraged to try new things and develop yourself further</li> <li>▪ Giving you the opportunity to get to know other looked after children through attending groups and activities</li> <li>▪ Providing carers and professionals' with local information about activities in and out of school and around where you live.</li> <li>▪ Make sure you can keep going to activities you are involved in if you move placements</li> </ul>	<ul style="list-style-type: none"> <li>▪ Tell us what you think forms at reviews &amp; closure of cases</li> <li>▪ Voice &amp; Influence annual consultation for LAC</li> <li>▪ IRO Consultation for LAC review</li> <li>▪ Children Commissioners annual LAC Survey</li> <li>▪ Audits carried out in line with Quality Assurance Framework</li> <li>▪ Performance on Care Leavers with an up to date Pathway Plan</li> <li>▪ Performance on LAC with up to date Plan</li> </ul>

## **Promise 8**

### **We will help you to explore and be ready for the world of work**

<b>We will do this by</b>	<b>We will measure/inspect/audit we are delivering these promises</b>
<ul style="list-style-type: none"> <li>▪ Listening to what you want to achieve and involving you in your plans for your future.</li> <li>▪ Making sure you have all the information you need to make choices.</li> <li>▪ Helping you to apply for an apprenticeship or go onto college or university.</li> <li>▪ Supporting you to find a job or training</li> </ul>	<ul style="list-style-type: none"> <li>▪ Tell us what you think forms at reviews &amp; closure of cases</li> <li>▪ Voice &amp; Influence annual consultation for LAC</li> <li>▪ IRO Consultation for LAC review</li> <li>▪ Children Commissioners annual LAC Survey</li> <li>▪ Performance on Care Leavers with an up to date Pathway Plan</li> <li>▪ Performance on Care Leavers in employment , education or training</li> </ul>

<ul style="list-style-type: none"> <li>placement.</li> <li>▪ Working with you to know when it's right for you to move on from care to find a place to live and learn on your own</li> <li>▪ Making sure you have the materials and clothing you need to be make sure you are ready or training, higher education or employment</li> </ul>	<ul style="list-style-type: none"> <li>▪ Case Studies from LAC/Leaving Care</li> </ul>
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## **Promise 9**

### **We will help you to be proud of yourself and celebrate you individual beliefs**

<b>We will do this by</b>	<b>We will measure/inspect/audit we are delivering these promises</b>
<ul style="list-style-type: none"> <li>▪ Supporting you to attend and take part in religious and cultural practices, events or celebrations.</li> <li>▪ Helping you to record important events, achievements and people in your life</li> <li>▪ Respecting differences and supporting your individual needs</li> <li>▪ Taking time to explain how proud we are of you.</li> <li>▪ Making opportunities for you to create good memories for yourself for your future</li> </ul>	<ul style="list-style-type: none"> <li>▪ Tell us what you think forms at reviews &amp; closure of cases</li> <li>▪ Voice &amp; Influence annual consultation for LAC</li> <li>▪ IRO Consultation for LAC review</li> <li>▪ Children Commissioners annual LAC Survey</li> <li>▪ Case Studies from LAC/Leaving Care</li> <li>▪ Performance on Care Leavers with an up to date Pathway Plan</li> <li>▪ Performance on LAC with up to date Plan</li> </ul>